

**GRAPPLING FOR NEWBIES + THE LAZY MANS GUIDE  
TO GRAPPLING**

Joanna Eckhart

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To perform this move, chuck your opponent to the corner, then capture with R1 and press [] to put him in the Tree of Woe. In other cases, you may have been seeing a therapist for a long time and need to move, or your therapist may tell you that he thinks you don't need to see him anymore. That says a lot about the character and nature of the team.

Makesureyousurroundyourselfwithsupportivepeopleduringthesetimes-p  
Another guy may need something totally different. For instance, if you set a powerbomb that costs points, a number of other powerbombs that also cost become free to use. After a fight the game will save, and you will talk to Ms. Ithoughtthatisolatingmyselfandfocusingonjustmewastheonlywaytosurv  
are all guilty of some of the Lazy Man's practices to varying degrees.